

COLORADO SEN STEERING COMMITTEE



STATE FISCAL YEAR ANNUAL REPORT



2019

Prepared by





The Colorado Substance Exposed Newborns (SEN) Steering Committee envisions a Colorado where a decreasing number of women, children, and families are impacted by substance use during pregnancy and where those who are affected are identified and supported with the appropriate resources, practices, and policies in their communities. The SEN Steering Committee is tasked with identifying and implementing strategies for realizing that vision.

The SEN Steering Committee was established in 2008 and is a subcommittee of the Colorado Substance Abuse Trend and Response Task Force. The SEN Steering Committee exemplifies a collaborative approach to addressing community issues and continues to engage additional partners as appropriate to effectively address program targets.

Beginning its second decade, the SEN Steering Committee embarked on a new chapter not only for their efforts but also for their structure. With a set of 2018-2020 priority areas shaped by over 150 stakeholders from around the state in 2017, the SEN Steering Committee convened, supported, and guided work groups to advance the six priority areas in 2018. In State Fiscal Year (SFY) 2019, the SEN Steering Committee, the Colorado Hospital SEN (CHoSEN) Collaborative, and the SEN Work Groups shifted their focus from convening and planning to building towards impact for Colorado communities.

BUILDING IMPACT

The bottom half of the page features a grayscale photograph of a mountain range, likely the Colorado Rockies, with dense evergreen forests at the base. A solid purple horizontal bar is positioned at the very bottom of the page, mirroring the one at the top.

PROGRESS BY THE NUMBERS

21

The Steering Committee reaffirmed commitment from 21 members ranging from medical and behavioral health providers, child welfare professionals, public health experts, family program providers, and policy experts.

8

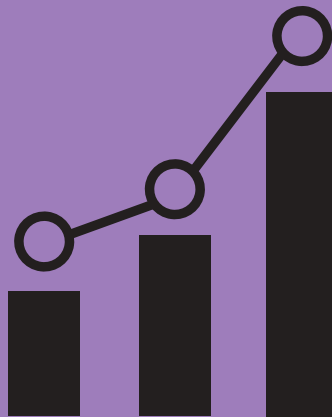
Eight Colorado parents participated in a focus group designed to further understand motivators and barriers to participation in the Family Advisory Board.

150K

To advance the SEN Data & Research Work Group's data linkage project in partnership with the Colorado Consortium for Prescription Drug Abuse Prevention and the Colorado Evaluation and Action Lab, \$150,000 was secured via legislation.

17

The FASD Identification Work Group, with support from Illuminate staff, has conducted seventeen Key Informant Interviews, with stakeholders from Alamosa to Fort Collins, as part of their Gap Analysis.



2

The Plans of Safe Care Work Group has begun their multi-phase dissemination of the finalized Plans of Safe Care Discharge Guidelines and Checklist by cross-training birth hospital and child welfare staff in two regions--Larimer County and the San Luis Valley.

195

NUMBER of resources included in the SEN Provider Education Work Group's online resource platform for perinatal health care professionals created with support from the Colorado Department of Public Health and Environment.

19

The CHoSEN quality improvement work has grown to 19 birthing hospitals across the state including representation from the along the Front Range, the Western Slope, and the San Luis Valley.

10.75

Average lengths of stay for opioid-exposed newborns at the active CHoSEN quality improvement sites decreased from 20.0 days in the second quarter of 2018 to 10.75 days in the second quarter of 2019.

SFY 2019 IN REVIEW

SEN STEERING COMMITTEE

The Steering Committee convened four times in SFY 2019 to guide the priority area implementation of the SEN work groups, identify and pursue emerging opportunities, and develop an evaluation framework. The Steering Committee has also scheduled an end of 2019 strategic planning meeting to finalize the evaluation framework and begin strategic planning for 2020 and beyond.

FAMILY ADVISORY BOARD

In SYF2019, the SEN Steering Committee created an Ad-hoc Family Advisory Board (FAB) Work Group to plan the formation of the FAB itself. This group has met monthly since January to develop an FAB logic model and discuss recruitment strategies and FAB logistics, such as potential agenda items and structure. A recruitment postcard was developed by the Work Group, and feedback was provided by treatment providers and people with lived experience in order to inform a final version for distribution. The FAB recruitment postcard has been distributed to SUD treatment and recovery centers, an OB-GYN practice, a maternal mental health practice, and three parenting support groups, including a Circle of Parent support group, Denver Parent Advocates Lending Support (DPALS), and a parent voice council formed through the Office of Early Childhood.

To help inform engagement strategies, a focus group was conducted with mothers, pregnant women, and partners of mothers affected by substance use to better understand key motivators and barriers to participation. All eight participants agreed on the importance of forming a Family Advisory Board and indicated positive overall reactions to the group. Participants identified the strongest motivators for joining the board to include: a child-friendly meeting environment, meal provision, meeting reimbursement, opportunities to impact policy supporting women and families, and board member capacity to define meeting priorities. Participants pinpointed meeting location as it relates to transportation time and feasibility to be the largest potential barrier and advocated for transportation assistance, particularly given participants' preference for in-person versus virtual meetings. In effort to further grow the Family Advisory Board, the focus group findings will serve as strategic recommendations for increasing engagement and retention of board members.

To date, six people have expressed interest in joining the first FAB meeting.

SFY2019 IN REVIEW

CHOSEN COLLABORATIVE

The CHoSEN Collaborative grew to 19 hospitals in the Quality Improvement Track and 49 new Education Track members. 84 members of both tracks came together for a January forum. CHoSEN Collaborative branding guidelines, website, and outreach materials are in development and are set to be finalized in July 2019. Highlights from the CHoSEN Collaborative annual data summary and associated activities are below.

SITE VISITS

11/9/18: Memorial Hospital
17 participants

11/19/18: Valley View Hospital
6 participants

11/20/18: St. Mary's Hospital
5 participants

1/14/19: Parkview Medical Center
14 participants

2/15/19: St. Joe's Hospital
17 participants

5/29/19: University Hospital
18 participants

PROVIDER EDUCATION

Summer 2018: ECHO Series
30 participants

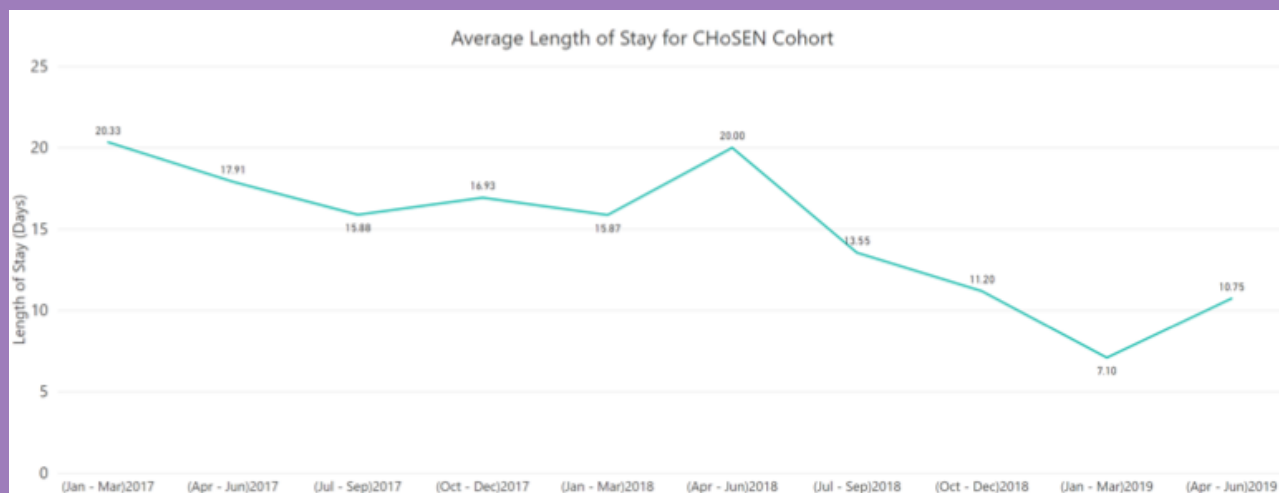
September 27, 2018: Webinar
33 participants

Fall 2018: ECHO Series, 30 participants

January 31, 2019: CHoSEN Forum
84 participants from 15 hospitals

Monthly Starting March 2019: ECHO
Community of Practice
8 participants

May 16, 2019 : Webinar
11 participants



SFY2019 IN REVIEW

SEN WORK GROUPS

In SFY 2019, each of the SEN Work Groups continued to implement efforts in their identified priority area through monthly meetings and with Illuminate staff support. With the guidance from the Steering Committee, each work group also began to develop the framework for measuring and evaluating their efforts. Across all the work groups, more than 66 Coloradans have participated in driving towards improving the experience of Colorado families impacted by prenatal substance exposure.

DATA & RESEARCH WORK GROUP

The Data & Research Work Group developed a perinatal data linkage proposal, funded through Senate Bill 228, to link maternal and infant records from multiple data sets.

FASD IDENTIFICATION WORK GROUP

The FASD Identification Work Group designed a gap analysis process, conducted 17 key informant interviews with impacted families and providers, and begun to synthesize initial findings.

PLANS OF SAFE CARE WORK GROUP

The Plans of Safe Care Work Group begun dissemination of their Plans of Safe Care Discharge Guidelines and Checklist and is conducting a pilot rollout at Poudre Valley Hospital.

POLICY WORK GROUP

The Policy Work Group shared opportunities to coordinate around stakeholder meetings and met monthly during the legislative session to share policy and implementation updates.

PROVIDER EDUCATION WORK GROUP

The Provider Education Work Group is in consultation with a web developer to refine their searchable toolkit platform that contains almost 200 perinatal provider resources.

The SEN Steering Committee and its work groups have an ambitious SFY 2020 ahead of them:

- The Steering Committee will be finalizing and implementing their evaluation framework including evaluation frameworks for each SEN Work Group as well.
- The Family Advisory Board Ad-hoc Work Group and Illuminate Colorado staff members will be continuing to recruit members and gather feedback from families with lived experience, meeting with individuals and groups who express interest in the Family Advisory Board. Additionally, the first formal meetings of the FAB itself will be planned and convened.
- The CHoSEN Collaborative will be continuing to engage and recruit additional perinatal providers to participate with a particular focus on expanding support for rural and frontier providers.
- The Data and Research Work Group will be operating as an advisory body for the perinatal data linkage project in collaboration with the Colorado Evaluation and Action Lab and the Colorado Consortium for Prescription Drug Abuse Prevention.
- The FASD Identification Work Group will be completing their Gap Analysis report, developing recommendations based on their findings, and disseminating their recommendations.
- The Plans of Safe Care Work Group will be rolling out the Guidelines and Checklist to 18 hospitals, spanning nine Child Welfare regions across the state.
- The SEN Policy Work Group will be developing and refining additional policy priorities.
- The Provider Education Work Group will be promoting their toolkit platform to perinatal health care providers beginning in August 2019.



OPPORTUNITIES FOR SFY 2020